

Family Healthcare Services

- Women's routine health screenings including gynecological and family planning services, pap smears, pregnancy testing, urinalysis, and breast exams
- Men's routine health screenings including physicals and prostate exams
- Well child exams including immunizations, vision screening, and sports physicals
- Osteopathic manipulative treatment
- Additional medical services include, advanced diagnostic testing, home healthcare, and other patient support services offered through Inland Hospital and EMHS

Appointments

Patients are seen by appointment, with flexibility in our schedule to handle urgent medical cases.

Our Locations

167 Main Street
N. Anson, ME
635-2330

344 Lakewood Road
Madison, ME
474-2994

80 Main Street
Unity, ME
948-2100

74 Water Street
Oakland, ME
465-7342

121 Main Street
Fairfield, ME
453-9211

180 Kennedy Memorial Drive
Suite 303, Waterville, ME
873-1036

10 Washington Street
Waterville, ME
877-7180



EMHS members work together to bring quality healthcare to you.
TOGETHER WE'RE STRONGER

 **New Horizons Health Care**

A DEPARTMENT OF INLAND HOSPITAL

www.inlandhospital.org

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Welcome!

New Horizons Health Care is a network of family practice offices providing preventive healthcare and medical treatment. It is our goal to provide considerate, attentive care for the individual health needs of every patient. We believe in listening to our patients and educating them with the best information we have, so decisions can be made that work best for them and their families.

Access to Specialty Care

If you need other specialty care while a patient with New Horizons Health Care, we have many resources to meet your needs. Our relationship with Inland Hospital and Eastern Maine Medical Center offers us access to highly trained physicians in many specialties, including: cardiology, pulmonology, rheumatology, endocrinology, orthopedics, oncology, pain management, gynecology, vascular care and more.

Be Involved to Get the Safest Healthcare

New Horizons Health Care wants you to know that being an active member of your healthcare team is your right and your responsibility. As part of Inland Hospital, we encourage you to speak up if you have questions or concerns about your care. We want you to feel confident that errors are being prevented, and we want to help you be prepared for your medical treatment. Our partnership is important because we know that when we work together, *your care will be safer.*

For a free Safe Care Toolkit, visit inlandhospital.org or call 861-3392.

Keep in Touch

Please notify our office of any change of name, address, or telephone number in order to ensure that your medical records are correct. It is also vitally important that we have your current insurance information on file.

Please bring your insurance card with you for all appointments.

Financial Policies

Co-payment is required at the time of service. Please notify the office staff at the time you schedule your appointment if your visit is related to a workers' compensation claim, motor vehicle accident, or other third-party claim so that payment arrangements can be made.

Call Us With Questions

Our staff handles all incoming phone messages for the healthcare providers. Staff will call you back with their response as soon as possible. If you need to speak with a provider after hours, New Horizons' offices will be covered by an on-call physician.

Cancellation Policy

- 24-hour notice is required for appointment cancellations.
- We reserve the right to discharge patients from the practice for repeated failure to keep scheduled appointments.